

Eloisa Gallegos Hernandez

*Zen and Tea are One / El Zen y el Té
son uno*

2018

Tea on gessoed canvas scroll / Té en
pergamino de lona

39.5 x 19.5 in/plg



ELOISA GALLEGOS HERNANDEZ

Biography

Eloisa Gallegos Hernandez is an artist born in Mexico and has lived in Georgia for 19 years. She graduated from Kennesaw State University in 2018 with a Bachelor of Fine Arts concentrating in painting and drawing and an Asian Studies minor. Gallegos Hernandez gains a lot of inspiration from her mother country, Mexico, in addition to have a great fascination to Asian culture, specifically, Japan. Despite the eclectic subjects of her work, figurative and technical proficiency have been common aspects which she has come to truly connect with and appreciate. Gallegos Hernandez's most recent work consists of teaworks, art created with tea as a medium, having a great emphasis with the Art of Tea, nature, and the sense of tranquility brought by the influence of tea.

Eloisa Gallegos Hernandez es una artista nacida en Mexico y ha vivido en Georgia por 19 años. Graduó de Kennesaw State University en 2018 con un Bachillerato de Artes Finas con concentración en pintura y dibujo y un Asian Studies minor. Gallegos Hernandez obtiene mucha de su inspiración de su madre patria, México, adicionalmente teniendo una gran fascinación a la cultura asiática, específicamente, Japón. A pesar de los temas eclécticas de sus piezas, las habilidades de la figura y técnicas son aspectos comunes con que ella se ha conectado y apreciado. Los trabajos más recientes de Gallegos Hernandez consisten de "teaworks", arte creada con té, teniendo gran énfasis con el Arte de Té, naturaleza a la sensación de tranquilidad traída por la influencia de té.

Artist Statement

Tea has been a great fascination to me for many years, from the leaves to the tea sets. It became an even bigger part of my habits when taking a course in Kennesaw State University called Tea Cultures in Asia. It taught me more about the ideas of Teatism, Wabi Sabi, and the art of tea. Tea is not just a hot drink of leaves, but is an integral staple in many countries around the world, particularly in Asia. In various Asian cultures, the practice of drinking tea helps to harmonize humanity and nature, strengthen the mind and attain enlightenment. Drinking tea is not simply adding hot water to leaves; the whole process of boiling the water, choosing the tea set, brewing the tea and then appreciating the aroma, temperature and taste of the drink, is a moment of bliss and tranquility. Compared to other drinks, tea is a great representative of taking one's time and living in the moment. The world at present is incredibly fast paced, dynamic and loud to the point it can become overstimulating. It is important in those occasions to find one's center, take a moment of reprieve which will allow the mind to clear and make better decisions. In

addition, tea helps one to keep in mind that nothing is permanent or perfect, for it is just nature for things to ebb and flow.

Té ha si una gran fascinación para mí por muchos años, de las hojas hasta los sets de té. Se volvió un hábito más grande cuando tome un curso en Kennesaw State University llamada Culturas de Té en Asia. Me enseñó más sobre las ideas de Teatism, Wabi Sabi, y el arte de té. Té no es simplemente una bebida caliente de hojas, sino una costumbre integral en muchos países, particularmente en Asia. En varias culturas asiáticas, la práctica de tomar té ayuda para armonizar la humanidad y naturaleza, fortaleciendo la mente y adquiriendo sabiduría. Tomando té no es simplemente agregando agua caliente a hojas, todo el proceso de calentando el agua, escogiendo el set de té, es un momento de felicidad y tranquilidad. Comparados con otras bebidas, té es una gran representación de tomarse su tiempo y viviendo en el momento. El mundo de ahora en el presente es increíblemente rápido, dinámico, y ruidoso al punto de convertirse sobre estimulante. Es importante en esas ocasiones que uno encuentre su centro, tomar un momento de respiración en que se deje aclarar la mente y se hagan mejores decisiones. Además de eso, té ayuda a tener en mente que nada es permanente o perfecto porque todo es completamente natural que cosas vengan y se vayan.

ELOISA GALLEGOS HERNANDEZ

Website: elogallhdz.wordpress.com

Instagram: [elogallhdz.art](https://www.instagram.com/elogallhdz.art)

EDUCATION

2018

Kennesaw State University, Bachelor of Fine Arts in Drawing and Painting and Asian Studies Minor, Kennesaw, GA.

2014

Chukyo University, Japanese Student Exchange Program through KSU, Nagoya, Aichi Prefecture, Japan.

RESIDENCY

2018

New York Academy of Arts, Summer Undergraduate Residency, New York, NY

EXHIBITIONS

2020

Celebrating Georgia Artists of Hispanic/Latinx Origin, The Museum of Contemporary Art, Atlanta, GA. (Group)

2019

Georgia Lawyers for the Arts 2019 Annual Gala, Westside Cultural Arts Center, Atlanta, GA. (Invitational)

Georgia on My Mind: 29 Artists from Atlanta, GA, Elkor Art Gallery, Riga, Latvia. (Group)

MOCA GA 2019 Pin-Up Show and Sale, Museum of Contemporary Art of Georgia, Atlanta, GA. (Group)

Spring Arts Festival, KSU, Kennesaw, GA. (Group)

Hanging by a Thread, The Big Shanty Art Station, Kennesaw, GA. 2019. (Group)

Visions' 36 Annual Juried Student Exhibition, KSU Fine Arts Gallery, Kennesaw, GA. (Juried)

2018

Toy Party and Silent Auction, benefit For the Kid in All of Us, Atlanta, GA. (Invitational)

MINT's Annual Postcard Pinup Show, MINT Gallery, Atlanta, GA. (Group)

Capstone Senior Exhibition, KSU Fine Arts Gallery, Kennesaw, GA. (Group)

Soap Box Prints 3: The Democratic Press, School of Art and Design, KSU, Kennesaw, GA. (Group)

Off the Leash, The Big Shanty Art Station, Kennesaw, GA. (Group)

Pin-ups!, The Big Shanty Art Station, Kennesaw, GA. (Group)

Summer Undergraduate Residency Final Exhibition, New York Academy of Arts, New York, NY. (Group)

2017

Visions' 34th Annual Juried Student Exhibition, KSU Fine Arts Gallery, Kennesaw, GA. (Juried)

2016

Creativity and the Conceptual, Acworth Cultural Arts Center, Acworth, GA. (Group)

Visions' 33rd Annual Juried Student Exhibition, KSU Fine Arts Gallery, Kennesaw, GA. (Juried)

HONORS/AWARDS

2018

Austell-South Cobb Rotary Club Arts Scholarship, Kennesaw, GA.

Dean's Print First and Second Place, School of Art and Design, KSU, Kennesaw, GA.
Diversity Art Competition Third Place, Office of Diversity and Inclusion, KSU, Kennesaw, GA.
Dean's List, School of Art and Design, KSU, Kennesaw, GA.
President's List, KSU, Kennesaw, GA (2016-2018)

2017

Visions' Juried Exhibition First Place, Visions, KSU, Kennesaw, GA.
Tena Redding Endowed Art Scholarship, Kennesaw, GA.
Goizuetta RRPB Scholarship, KSU, GA (2011-2017)

2014

Global Learning Scholarship, KSU, GA.

PROFESSIONAL DEVELOPMENT

2020

Visual Artist's Rights presented by the Georgia Lawyer for the Arts, Attendee, 378 Gallery, Atlanta, GA.

2019

Contemporary Critique, Atlanta Contemporary, Atlanta, GA.

2018

Online Art Critique/Advice Class with Alonsa Guevara, Student, Critique, via online.
Summer Undergraduate Residency, Attendee, Residency, New York Academy of Art, New York, NY.
Peter Drake Open Studio Visit, Attendee, Dumbo, Brooklyn, New York, NY.